

# Spartan Gymnastics - Winter Schedule Nov. 27-Mar.8

35 Jutland Road

416-837-0342

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>After School Care</b>	3:30-6:00	3:30-6:00	3:30-6:00	3:30-6:00	3:30-6:00		
<b>Birthday Party</b>					6:00-8:00	2:30-4:30 5:00-7:00	12:30-2:30 3:00-5:00 5:30-7:30
<b>Parent and Tot</b>							
1-3yrs	9:45-10:30		9:15-10:00			9:15-10:00	9:15-10:00
<b>Kinder Gym</b>							
3-4 yrs	4:30-5:30/5:30-6:30	4:30-5:30	10-11am/6:00-7:00	4:30-5:30	4:30-5:30	9-10/10-11/11-12	10:00-11:00
4-5yrs	4:30-5:30/5:30-6:30	4:30-5:30	3:30-4:30/6:00-7:00	4:30-5:30	5:30-6:30	10-11/12-1	10-11/11-12
<b>Recreational Boys</b>							
5-6yrs		4:30-5:30					11:00-12:00
6-8yrs	5:30-6:30	5:30-6:30	5:00-6:00(5-7yrs)	5:30-6:30	5:30-6:30	11-12(5-7yrs)/1-2	
9+		7:00-8:30	7:00-8:30		6:30-8:00		
<b>Recreational Girls</b>							
5-6yrs	6:30-7:30(5-7yrs)		4:30-5:30			10:00-11:00	10:00-11:00
6-8yrs	4:30-5:30	5:30-6:30	5:30-7:00	4:30-5:30/5:30-6:30	5:30-6:30	11-12/12-1(6-9yrs)/1-2	
9+	6:30-7:30					12:00-1:00	
<b>Adv. Rec. Girls</b>							
7-10 yrs	7:30-9:00	6:30-8:00	4:30-6:00		6:30-8:00		

# Spartan Gymnastics - Winter Schedule Nov. 27-Mar.8

35 Jutland Road

416-837-0342

## Senior Cheerleading

11+ 7:30-9:00

## Junior Cheerleading

8yrs-10yrs 7:00-8:00

## Acro

6yrs-9yrs 5:30-6:30 7:00-8:00  
10+ 7:00-8:00

## Trampoline(\*) and Tumbling

6-8yrs 6:30-7:30\* 7:00-8:30 6:30-7:30\* 1:00-2:00 11:00-12:00

## Trampoline and Tumbling

9+ 7:30-8:30 5:30-7:00 7:30-8:30\* 1:00-2:00 11:00-12:00

## Conditioning all ages

7yrs+ 7:30-8:30 8:00-9:00

## Novice girls

6-8yrs 6:30-8:30 6:30-8:30

## Novice boys

6-8yrs 6:30-8:30 6:30-8:30

## Adult Trampoline

All ages 8:00-9:00

## Adult Gymnastics

All ages 8:30-9:30

## Break Dance/ Parkour Tricks

6-9yrs 4:30-5:30  
10+ 5:30-6:30

## Open Gym 16+

Team Conditioning Times 7:30-9:00 7:30-9:00 7:30-9:00 7:30-9:00